



MCAST

MQF Level 2

**CS2-02-21
CS2-02-21G**

**Foundation Certificate in Hairdressing, Beauty and
Well Being**

Course Specification

Course Description

The main aim of this course is to prepare the student wishing to enter or progress studies within the hairdressing and beauty sectors. The course does not qualify the student to work in the sector but it helps the students gain the key competencies to progress to level 3 in either hairdressing, or beauty specialists study programmes where the student is trained for employment.

The course aims to provide the student with basic knowledge in beauty and hairdressing techniques and procedures that also include health and safety practices; an understanding of the basic science required for hair and beauty services and treatments; and knowledge of business concepts that the student requires in order to familiarise oneself with the hair and beauty work environment. The course also provides the student with quality work experience where the students will be expected to assist and carry out a range of assigned tasks, with other team members and on clients with an emphasis on the learning aspects of the experience. Moreover, this course provides students with the opportunity to further develop their knowledge of key skills, such as English, Maltese, Mathematics, Science, Information Technology and Personal Development, all of which will be embedded in the vocational content.

The student is required to purchase hairdressing and beauty tools and uniform, and provide models for salon practice.

Programme Learning Outcomes

At the end of the programme the students are able to -

- 1. Develop the basics of hairdressing skills and beauty skills;*
- 2. Develop the basic skills and techniques required to follow general salon procedures and processes, including adequate health and safety practices at the workplace;*
- 3. Acquire knowledge of fundamental biological concepts, with special focus on the workings of the human body;*
- 4. Understand the basic business concepts required to run a micro business.*

Entry Requirements

- Finished Compulsory Education; or
- MCAST Introductory Certificate

Other Entry Requirements

- Initial Assessment Tests (as may be applicable)

Current Approved Programme Structure

| Unit Code | Unit Title | ECVET |
|-------------------------|--|-----------|
| CSBTY-206-1905 | Basic Skills in Beauty and Safe Practices in the Salon | 6 |
| CSBUS-206-1900 | Basic Business Concepts for Micro Businesses | 6 |
| CSHRD-206-1909 | Basic Hairdressing | 6 |
| CSPHY-206-1902 | Understanding Basic Human Body Functions | 6 |
| CDKSK-206-2004 | English | 6 |
| CDKSK-206-2005 | Maltese | 6 |
| CDKSK-206-2006 | Mathematics | 6 |
| CDKSK-206-2107 | Information Technology | 6 |
| CDKSK-206-2008 | Science | 6 |
| CDKSK-206-2102 | Community Social Responsibility | 6 |
| Total ECVET/ECTS | | 60 |

Unit: CSBTY-206-1905 - Basic Skills in Beauty and Safe Practice in the Salon

Unit level (MQF): 2

Credits : 6

Unit description

The aim of this unit is to provide an introduction to the beauty industry sector. This by enabling the learner to become familiar with basic skills required in a beauty salon, with appropriate guidance where needed.

The unit encompasses the learning of pre-treatment preparation procedures to the different skin care treatments and services required by the client in the salon under supervision. Such treatments include deep skin cleansing, hand care and basic make-up application. Emphasis is also given to the importance of being organised before starting the treatment, and ensuring a good working environment with all the necessary tools, equipment and products.

The unit will provide the learners with the opportunity to identify the main skin types through good consultation practice, and develop the practical skills needed to perform basic treatments under supervision.

This unit will also provide the learners with health and safety practices considerations that one needs to cater for in order to provide a safe, clean and healthy salon work-environment to clients and other team members. The learner will understand the impact of working in a salon, which also includes sterilisation, ventilation, good posture, PPE and PPC. The learner will also gain knowledge of the safety legislation pertaining to this sector.

An opportunity to work independently and with appropriate guidance, and to appreciate working within a team will be provided and emphasised.

Learning Outcomes

On completion of this unit learners should be able to:

1. *Recognise the importance of skin care and provide basic skin consultation;*
2. *Perform basic hand care;*
3. *Apply the use of the colour spectrum in make-up;*
4. *Understand the health and safety legislation that may impact the work environment.*

Unit: CSBUS-206-1900 - Basic Business Concepts for Micro Businesses

Unit level (MQF): 2

Credits : 6

Unit description

Micro business in Malta form the majority of the businesses, they are defined as enterprises which employ fewer than 10 persons and whose annual turnover and/or annual balance sheet total does not exceed EUR 2 million. Most of the entrepreneurs opening up their micro business would be highly specialized in their area of expertise but not necessarily conversant with business and financial aspects.

This unit aims to provide students who are not specializing in business areas a good overview of the basic business practice required to run a micro business. The content of this unit implies that it not only target students who aim to open up their own business but also those students who will eventually be employed by micro businesses.

Students will gain an understanding of basic business concepts such as the importance of customer service in meeting the needs and wants of customers, principles of stock management and payment practices accepted from retail customers.

The unit will also give the students awareness of their rights and responsibilities as employees within a work environment.

Learning Outcomes

On completion of this unit learners should be able to:

- 1. Identify the methods of payment accepted from retail customers;*
- 2. Understand the principles of basic stock management used by a small retail outlet;*
- 3. Describe the importance of customer service to different stakeholders;*
- 4. Identify a range of employee rights and responsibilities and how to respect the rights of others in the workplace.*

Unit: CSHRD-206-1909 - Basic Skills in Hairdressing

Unit level (MQF): 2

Credits : 6

Unit description

The aim of this unit is to provide an introduction to the hairdressing sector by enabling the learner to perform the basic skills in a hairdressing salon with appropriate guidance where needed.

The unit will enable learners to develop the skills of: preparing the client for services; shampooing and conditioning; massage techniques; and blow-drying with rollers on mannequin head and with client that are not only effective but also safe to clients. Practical activity sessions are supplemented with the knowledge and understanding of salon products; equipment and tools, as to enable learners become familiar and accustomed to the Hairdressing industry-working environment.

The unit introduces the learner to the fundamentals of the hair structure and the effects of humidity on the hair; the effects of the drying process on the hair cuticle and how the incorrect application of heat can affect the hair and scalp, The learner will also gain an understanding of the non-infectious diseases and conditions of the hair and scalp, as to enable the learner to provide the necessary consultation recommendations with the customers' basic requirements and demands under supervision.

Further to this the unit also introduce the learner to the concept of design principles, with an emphasis on line, shape, texture, form, balance and harmony. The learner will gain insight on the importance of creativity in this industry and its impact on the desired outcomes.

Learning Outcomes

On completion of this unit learners should be able to:

1. *Perform shampooing and conditioning on hair and make use of appropriate massage techniques;*
2. *Perform blow dry, scrunch and roller winding on a clients' hair;*
3. *Provide basic consultation through an effective communication approach;*
4. *Create a stylish image using design principles for the hair/beauty sector.*

Unit: CSPHY-206-1902 - Understanding Basic Human Body Functions

Unit level (MQF): 2

Credits : 6

Unit description

The hair and beauty industries are becoming increasingly popular in this day and age. Focus is being placed on portraying overall health and well-being through a well-polished, pampered and groomed appearance, together with a strong and well-nourished body.

To help learners understand that health and beauty walk hand-in-hand, this unit will first give the learners a basic insight into how the human body works. Focus will be placed on the integumentary system which comprises the skin and its appendages (hair and nails). Nutrition and lifestyle will be described as one approach of maintaining the overall health and function of the human body.

The first topic within this unit focuses on the organisational levels found within the body. The learners will start to identify the cell as the primary building block of life, which can build more complex structures like organs and organ systems. Looking at some different types of specialised cells and tissues, learners will understand that adaptations are necessary for the body to carry out the various functions that it does to keep us alive and healthy.

Learners will also understand the importance of proper nutrition in keeping the body functioning properly, and what constitutes a balanced diet. They will also understand why proper hydration and exercise are important in keeping the body healthy and functioning well.

Delving into the integumentary system, learners will discover the basic structure and functions of skin, some factors that affect the skin, and different skin conditions that can be encountered in a salon. At this level, learners will familiarise themselves with the structure, functions and growth cycle of skin appendages (hair and nails). They will also be introduced to some of the contagious and non-contagious conditions that they may encounter in this sector.

Learning Outcomes

On completion of this unit learners should be able to:

1. *Distinguish between the different organisational levels within the human body;*
2. *Understand the impact of nutrition and lifestyle on overall health and beauty;*
3. *Describe the structure and functions of the integumentary system;*
4. *Identify different conditions that might affect the integumentary system.*